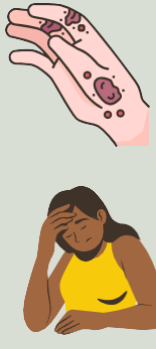
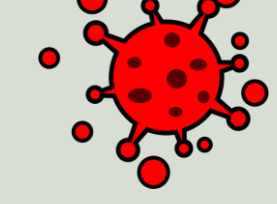


Furuqa daayerka



1

Calaamadaha

- Qandho, madax xanuun, garaac muruqyada a'/dhabarka, taqwada oo kaa haloowda, qanjidhada oo ku barara iyo **finan maqaarka kaa soo baxa**.
- **Xagee ?** Wajiga, sacabada gacmaha, kuwa lugaha, indhaha, afka, hunguriga, gumaarka iyo xubnaha taranka iyo dabada.
Inta aad lahaanaayso calaamadaha: 2 ilaa 4 asbuuc.

2 Gudbinta



- Lagu kala **qaadaa xiriir toos a' oo jirka a'** (finanka ama qolofa), **xuubabka iyo dareeraha jirka** qof xanuunka qaba. Tusaalo: galmooka (gelis ama gelis la'aan).



- **Dhibco** (duul-duul, hindhiso) Tusaalo : qofka in badan wada joogtaan aanad iska soo hor jeedaan.
- **Xiriir qalab** aafeeysan (Dhar, goobo). Tusaalo : dhar la wadaago.

3

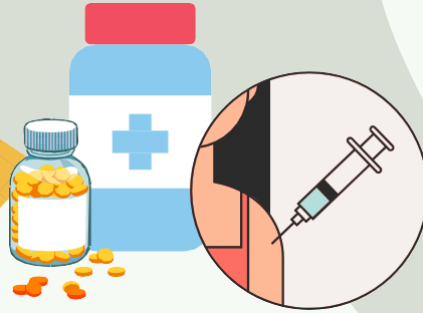
Dadka halista u a'

Dumarka xaamilada a', kuwa maskaxda ka jiran iyo caruurta waxa **dhici karta in xanuunku ku adkaado**



Qaabka daweynta

4



Ku dhaqma tallooyinka dhakhtarkaaga !

Waad kala haddli kartaa qof aad ku kalsoontahay !

Sida u badan, xanuunku asaga ayaa iska baxa keligii.

- ✓ **Ha hoqin** meelaha aad calaamad ku leedahay;
- ✓ **Gacmaha maaydh** ka hor iyo ka bacdi marka aad taabato meelaha ku buka;
- ✓ **Hawada u dhig naburada marka karantiinku suurto gal kuu ahaayn!** Calaamadaha : bilaa laxowga a' bilaa qandhada a'. Waxa jira tallaaf furuqa ka hor taga

5

Ka bogsiga



Dhamaan **qolofaha** saaran (afka, hunguriga, indhaha, caawrada, iyo dabada) waay **daadanayaan** waxana **kuu soo baxaya maqaar cusub**.

6

Tallooyin ku saabsan haddii aad qabto xanuunka ?

Dadka kale iska karantiin !

Haddii aad kari weeydo in aad dadka iska illaaliso dadka inta aad ku jirto karantiinka

- **Iska illaali in aad taabato dadka kale;**
- **U maaydh si joogto a' gacmaha; ku dabool**
- **Naburada oo dhan baasmaa;**

- **Qaata af-dabool mis kastoow kana dheeraada dadka kale 1 mitir.**



7

Cusbataalka u xil saaran

Eeg liistada AVIQ : www.aviq.be



Xogaha:

https://www.who.int/fr/news-room/questions-and-answers/item/monkeypox?gclid=CjwKCAjw1ICZBhAzEiwAFvFhFMkxbZQrT0uXh2bNdfOFfOD0YORX1NcUOTQXHw6ruxifsYrmDq5BoCZ2wQAvD_BwE

<https://www.AVIQ.be/fr/monkeypox> (14/09/2022)

