

## La vaccination contre la Covid-19 en Wallonie



## Talaalka lagula dagaalamayo Covid-19

- ✓ Covid-19 ku kuma tagayo maalmo.
- ✓ Ayada oo la istaalo, lana sii wado in lagu dhaqmo talaabooyinkii caafimaad, umbaan kaga gudbi karna xaaladdan adag hawo cusubna ku heli karnaa dhawaan.
- ✓ Talaalku adiga wuu ku badbaadin inta ku hareera joogtana wuxu ka badbaadin koronafaayriska.
- ✓ Waana bilaash.

### Qaabkee ayuu u shaqaayn talaalku ?

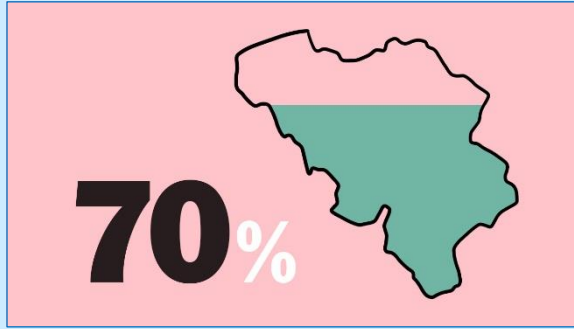
- Marka aad qaadato talaalka, jidhkaaku waxa uu abuuraya difaacyo
- Difaacyadaas ayaa la dagaalamaya xansharaadka faayriska
- Mar danbe maka hor tagaaysaa faayriska ? Markaas difaaci jidhka ayaa kaa badbaadfnaya !

### Sobobta aad isku talaali maxaay tahay ?

Si aad isku badbaadiso inta ku hareera joogtana aad u badbaadiso

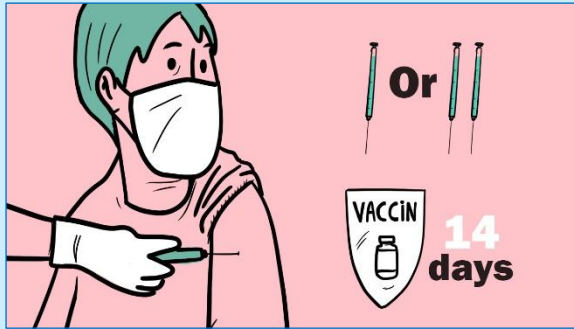
Koronafaayrisku waxa uu halis u yahay dad badan :

- Dadka 65 jir a' iyo inta ka sareysa
  - Dadka qaba xanuunada sombobada, wadnaha ama xididada dhiiga
  - Dadka xanuunka sonkorta qaba ama difaaca jidhku daciifka yahay (tusaalo qaba xanuunka kudka)
- Laakiin, faayrisku dadka dhalinta a' ee caafimaad qabana halis wuu u noqon karaa.



## Si loola dagaalamo faafitaanka faayriska

- Haddii mushatamaca beljimka 70% aay talaalan yihiin faafitaanka faayriku wuu dhimaya. Waa waxa loo yaqaan difaaca guud.
- Nolashiinu caadigii ayey dib ugu soo noqon.
- Jidhkuna quwad siyaado a' ayuu yeelanayaa oo uu kula dagaalamo faayriska.



## Qaabkee ayuu u dhacaya talaalku ?

- Irbad ayaa lagaaga mudi gacanta oo halka sare ee garabka xigta a'
- Talaalada qaarkood, waxaad qaadan doontaa irbad labaad dhaawr asbuuc kabacdi ta hore
- 14 cisho ka bacdi talaalka, si kugu filan ayaad uga badbaadeysaa koronafaayriska



## Bilaa dhibaato ma yahay talaalku ?

- Soo saarista talaalku waxa aay u baahan tahay khibrad badan. Saynisyahano dalal dhowr a' ayaa si aad a' ugu hoowlana soo saarida talaalada sida ugu dhakhso badan.
- Talaalka waxa si xoog a' u kor meera dhoowr mas'uuliyiin a' oo madax banaan. Halis male.

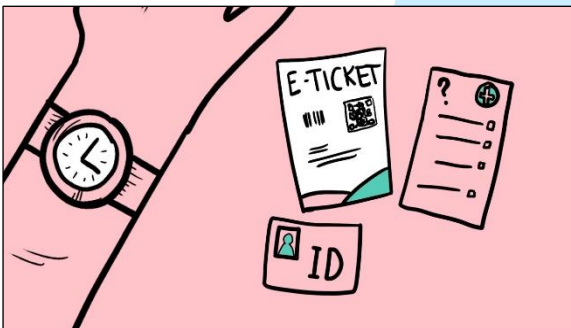
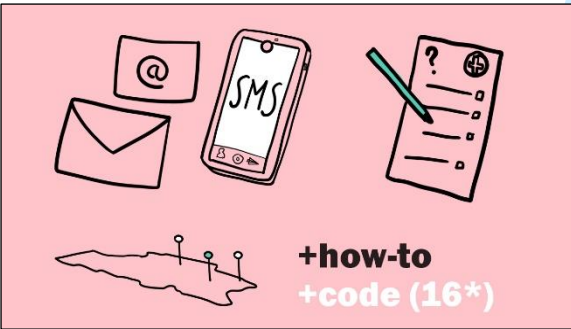


## Talaalku miyuu keenaa waxyeelooyin kale ?

Waa laga yaabaa in aad xanuunsato :

- dareen-celin- maqaar oo fudud,xanuun ama barar gacanta oo halka sare a'
- daal
- madax xanuun
- qandho yar

Waana caadi dhibna male,waxaas oo dhan waxaay kaa tagaan dhoowr saac ama maalmo kadib.



## Waa ayo cidda is talaali ?

- Cidda aay khuseysaa waxa weeyi 18 jir iyo inta ka weeyn
- Talaalka lagula dagaalami korofaayriska waa bilaash ciddii rabtana waa la talaali
- Talaalku qasab ma aha

## Martigaadyada :

- Waxa la idiinku soo diri boostada, ama waxa la idinku soo ogeeysiin e-mail ama sms.
- Waxa la socda warqad su'aalo ku saabsan caafimaadka lagugu weeydiin oo aay tahay in aad buux-buuxiso.
- Waxa aay kuu sheegi meelaha talaalka, qaabka aad balamaha u qaadan iyo lambar shaqsi ahaan aad u leedahay oo ka kooban 16 xuruuf a'.

## Balan qaadashada :

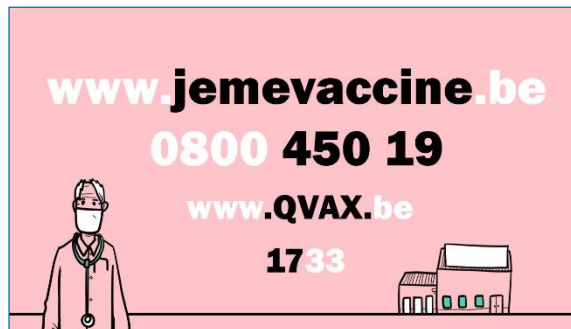
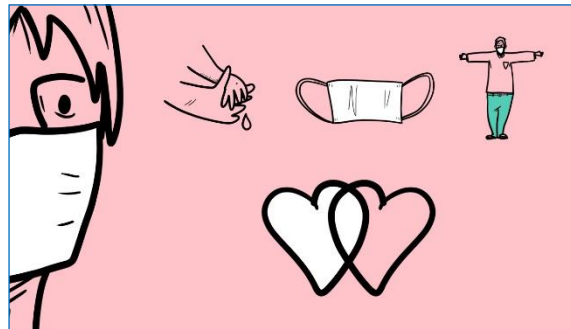
Waxa aad ka qaadan kartaa khadka interneeka : [www.jemevaccine.be](http://www.jemevaccine.be) ama telefonka 0800/450 19. Koolku waa bilaash.

Talaalada labada irbadood a' waa in aad labada balamood mar mida qaadato.

Balanta hore waad dhaafi karta tu cusubna waad qaadan karta isticmaal lambarka 30 cisho ayuu shaqeyn. Haddii aan boos banaan jirin markale ku celi.

## Maalinta talaalka :

- Waa in wakhtigeeda joogto
- Waa in aad sidataa :
  - waa in aad sidataa laftaadii waana (qasab)
  - warqadi balanta (haddii aay suurto gal tahay, iyo e-ticket)
  - warqaddii su'aalaha caafimaadka oo aad soo buuxisay



- Talaalka ka bacdi 15 ilaa 30 daqiiqo ayaa lagu eegi
- Sidashada daboolka afku waa qasab
- Waa in aad keli timaado haddii anad u baah neeyn cid ku caawisa dhaq-dhaqaaqa
- Haddii aad jirantahay ha ima ee qaado balan kale

### Talaalka kabacdi sii wad in aad ku dhaqanto talaabooyinkii ka hortaga :

Waa in aad weli sii foajignaato muddo adiga oo ilaalinaya foajignaan dheeraad a' : (sidashada af daboolka,kala dheeraanta,nadafaada gacmaha,,qolalka hawada u furto,,)dhowr sobob darteed :

- ✓ Talaalku marka aad qaadatab kuma difaacayo .
- ✓ Talaabo talaabo ayaa mushtamaca loo talaalayaa,weli ma wada ttalnaanin rag iyo dumarba mar mida.

"Mhiim a' in aad garato" si warbixin badan u hesho : [www.jemavaccine.be](http://www.jemavaccine.be) - Kool bilash a' 0800/450 19

War bixin badan si aad u hesho,la haddla :

- Xafiisyada iyo ururada ka haawl gala degaan kiina (haddii aad u baahataan waxa kale oo aad kool u sameeyn kartaa lambarka 1718 ) .
- DHAKHTARKAAGA ama farmasigaaga ). Dhakhtarkaagu haddii uu maqan yahay la xiriir lambarka 1733.
- Gaadiidka bilaashka a' ee ku geeynaaya meelaha talaalka : **0800/54 621**.
- Waxa kale oo aad isku qori karta liistooyinka suga yaasha : [www.QVAX.be](http://www.QVAX.be)

**Waxa turjumary SetiskaW**