

## La vaccination contre la Covid-19 en Wallonie



## Vaccination against COVID-19

- ✓ COVID-19 will not disappear overnight.
- ✓ With the help of the vaccine, and by continuing to respect the sanitary measures, we can hope to put the current crisis behind us and soon catch our breath.
- ✓ The vaccine protects you and those around you against the coronavirus.
- ✓ It is free of charge.

### How does a vaccine work ?

- With the vaccine, your body produces antibodies
- These antibodies help fight the virus particles
- If you are exposed to the virus later on, then the antibodies will protect you!

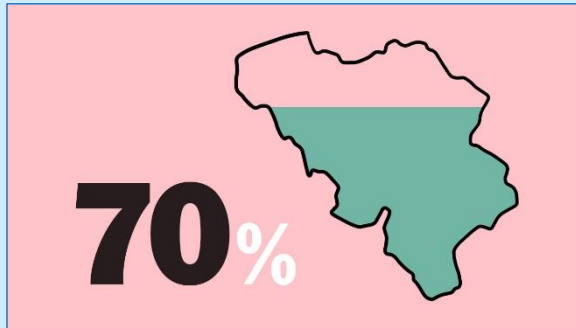
### Why get vaccinated ?

#### To protect yourself and people around you

The coronavirus is dangerous for many people :

- People aged 65 and over
- People with lung, heart or vascular disease
- People with diabetes or a weakened immune system (because of cancer for example)

But, the virus can also be dangerous for young and healthy people.



## To fight the spread of the virus

- If more than 70% of the Belgian population is vaccinated, the virus will spread less quickly. This is called herd immunity.
- Your life will get back to normal more quickly.
- Your body will be stronger to fight the virus.



## How does the vaccine process work ?

- You will receive an injection in the upper arm
- For some vaccines, you will receive a second injection a few weeks after the first
- 14 days after the vaccine, you will be sufficiently protected against the coronavirus



## Is the vaccine safe ?

- Producing vaccines requires considerable expertise. Scientists from several countries have worked hard to produce vaccines as quickly as possible.
- The vaccine has been strictly controlled by various independent authorities. It is safe.

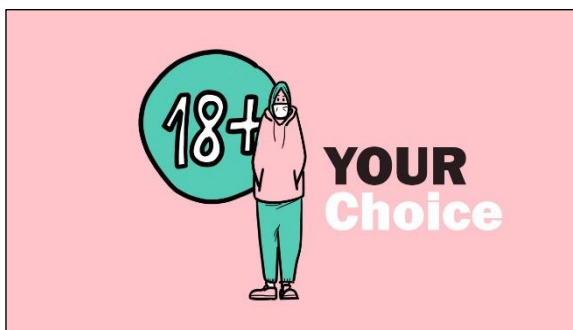


## Are there side effects after getting the vaccine ?

You may experience :

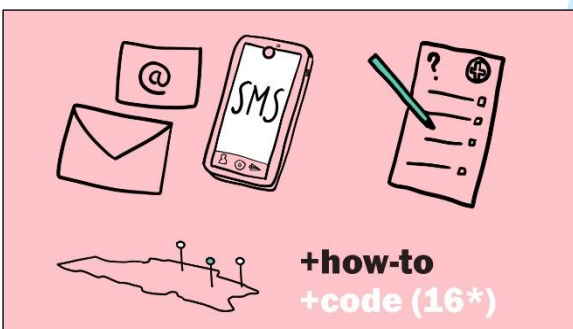
- a mild skin reaction, pain or swelling in your upper arm
- fatigue
- headaches
- a slight fever

This is normal and not serious, the side effects will disappear after a few hours or days.



## Who will be vaccinated ?

- Vaccination concerns all people over 18 years old
- Vaccination against coronavirus is voluntary and free for all
- The vaccine is not compulsory



## Invitations :

- They are sent progressively by post, and you will also be notified by e-mail or text message.
- They are sent with a health questionnaire to be completed.
- In the invitations, you will find suggested vaccination locations, how to make an appointment and a 16-character personal code.



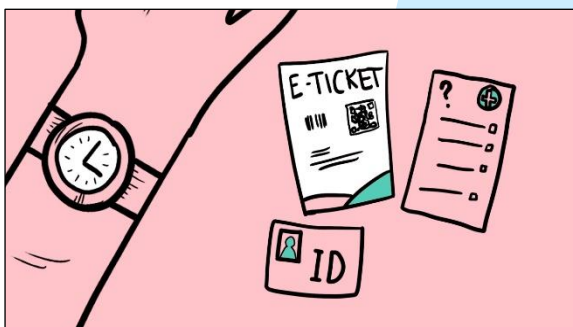
## Making an appointment :

You make an appointment via the website : [www.jemevaccine.be](http://www.jemevaccine.be) or by telephone at 0800/450 19. The call is free of charge.

For vaccines that require 2 doses, you must make both appointments at the same time.

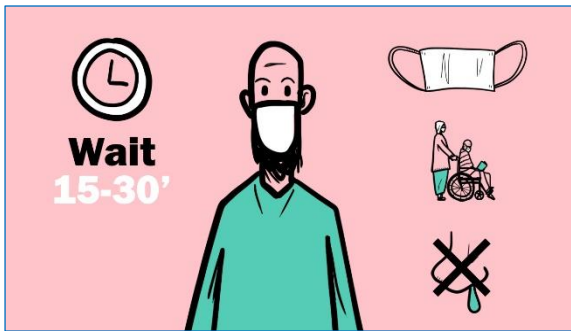
You can cancel your appointment and make a new one with your personal code, which is valid for 30 days.

If some time slots are not available, feel free to try again later.

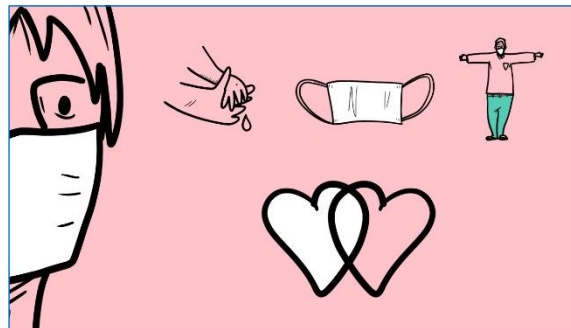


## THE DAY OF THE VACCINATION :

- Be on time
- Bring :
  - your ID card (compulsory)
  - your invitation letter (if possible, the e-Ticket)
  - the completed health questionnaire



- There will be a monitoring period of 15 to 30 minutes after the injection
- You must wear a face mask
- Come alone, unless you need mobility assistance
- If you are ill, do not come and make a new appointment



### Once you have been vaccinated, continue to comply with preventive measures :

You will still have to remain cautious for some time by respecting all the useful precautions: (wearing a face mask, physical distance, hand hygiene, ventilation of the rooms, etc.) for several reasons :

- ✓ The vaccine does not protect immediately after its administration.
- ✓ The population is vaccinated progressively, we are not all vaccinated at the same time.



“Good to know” - for further information: [www.jemevaccine.be](http://www.jemevaccine.be) - free phone call at 0800/450 19

For more information, talk to :

- The local support services and associations active in your area (if necessary, you can also contact the free phone number 1718).
- Your DOCTOR or pharmacist. IF YOU DO NOT HAVE A DOCTOR CALL THE NUMBER 1733.
- For the organisation of free transport to the vaccination centres: **0800/54 621**.
- Possibility of registering on the reserve lists on the website [www.QVAX.be](http://www.QVAX.be)



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