



## **Get vaccinated!**

### **How does a vaccine work?**

- The vaccine causes your body to make antibodies.
- Those antibodies help to fight the virus.
- If you are then exposed to the virus, the antibodies will protect you.

### **Why should you get vaccinated?**

- The coronavirus is dangerous to many people around you:
  - those over 65
  - people with lung, heart or vascular disease
  - people with diabetes or high blood pressure

But the virus can also be dangerous for young, healthy people.

- If more than 70% of all people in Belgium are vaccinated, the virus will spread less quickly. This is called group immunity.
- Your life will get back to normal faster.
- It makes your body stronger against the virus.
- Do continue to observe the rules until enough people have been vaccinated. Keep 1.5 meters distance, wear a face mask and wash your hands often.

### **How do I get the vaccine?**

- You will get two injections in your upper arm.
- You will receive the second injection 3 or 4 weeks after the first injection.
- After your second injection, you have to wait 14 days. After that, the vaccine will give you maximum protection against the coronavirus.

### **Is the vaccine safe?**



- People have a lot of expertise with making vaccines. Scientists and pharmaceutical experts around the world were able to create the vaccine in a short period of time. There was also money and time to do this quickly because it was urgent.
- The vaccine has been checked carefully by the government. It is safe.

### **Can I develop problems after the vaccination?**

You may develop

- some redness, pain or swelling in your upper arm
- fatigue
- headache
- a little higher temperature

This is normal and not a big deal. You can take paracetamol for this.

### **When will I get a vaccine?**

- In January:
  - residents and staff of residential care centres.
  - healthcare personnel (doctors, nurses, etc.) from hospitals.
- In February:
  - primary care staff (general practitioners, pharmacists, etc.)
  - collective healthcare facilities (disabled care, ...) and other hospital staff
- March:
  - 65 years or older
  - people at higher risk due to their health
- April:
  - people with essential professions
- As of June:
  - anyone over 18 years of age

This timing may still change.

Some people cannot get vaccinated. For example: cancer patients, pregnant people or those with extreme allergies. Contact your physician for more information.



### **How do I know when I will receive a vaccine?**

- You will receive an invitation by letter, text and/or email.
- You can register digitally or by phone.
- You are not available? Then you can choose another time.
- What if you do not respond? Then the city authorities will contact you.

### **Where can I get vaccinated?**

In a vaccination center.

### **How much does a vaccine cost?**

It is free.

### **More information?**

<https://www.laatjevaccineren.be/>

[www.info-coronavirus.be/nl/vaccinatie](http://www.info-coronavirus.be/nl/vaccinatie)